

Syllabus for Psych 1- E3449 - General Psychology – Eureka Campus

Semester & Year	Spring 2018	
Course ID and Section #	Psych 1 E3449	
Instructor's Name	Stefanie Kalin	
Day/Time	TH 6:00-9:35pm	
Location	HU 110	
Number of Credits/Units	3.0	
Contact Information	<i>Office location</i>	Humanities 119
	<i>Office hours</i>	TH 5-6pm by appointment
	<i>Email address</i>	stefanie-kalin@redwoods.edu
	<i>Title & Edition</i>	Exploring Psychology 10 th Ed
Textbook Information	<i>Author</i>	Myers and DeWall
	<i>ISBN</i>	1-4641-5407-4
	<i>ISBN</i>	1-4641-5407-4

Course Description

A course focusing on the scientific study of behavior and mental processes. The content of the course focuses on the exploration of major theories and concepts, methods, and research findings in psychology. Topics include biological foundations, perception, learning, cognition, emotion, motivation, development, personality, social psychology, psychological disorders and therapies, and applied psychology. This course is transferable to four-year colleges and is a prerequisite for most upper division psychology courses.

Student Learning Outcomes

1. Explain concepts in areas of psychological theory and research while representing appropriate breadth and depth of knowledge within the context of historical trends in psychology.
2. Recognize and understand the impact of diversity on psychological research, theory and application, including (but not limited to): age, race, ethnicity, culture, gender, socio-economic status, disability, and sexual orientation.
3. Demonstrate critical thinking skills and information competence as applied to psychological topics.
4. Analyze how experience, culture, learning and biology affect behavior and cognitive processes.

Special Accommodations

College of the Redwoods complies with the Americans with Disabilities Act in making reasonable accommodations for qualified students with disabilities. Please present your written accommodation request at least one week before the first test so that necessary arrangements can be made. No last-minute arrangements or post-test adjustments will be made. If you have a disability or believe you might benefit from disability related services and may need accommodations, please see me or contact [Disabled Students Programs and Services](#). Students may make requests for alternative media by contacting DSPS at 707-476-4280.

Academic Support

Academic support is available at [Counseling and Advising](#) and includes academic advising and educational planning, [Academic Support Center](#) for tutoring and proctored tests, and [Extended Opportunity Programs & Services](#), for eligible students, with advising, assistance, tutoring, and more.

Academic Honesty

In the academic community, the high value placed on truth implies a corresponding intolerance of scholastic dishonesty. In cases involving academic dishonesty, determination of the grade and of the

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student's status in the course is left primarily to the discretion of the faculty member. In such cases, where the instructor determines that a student has demonstrated academic dishonesty, the student may receive a failing grade for the assignment and/or exam and may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at: <http://www.redwoods.edu/board/Board-Policies/Chapter-5-Student-Services>, and scroll to AP 5500. Additional information about the rights and responsibilities of students, Board policies, and administrative procedures is located in the college catalog and on the College of the Redwoods website.

Disruptive Classroom Behavior

Student behavior or speech that disrupts the instructional setting will not be tolerated. Disruptive conduct may include, but is not limited to: unwarranted interruptions; failure to adhere to instructor's directions; vulgar or obscene language; slurs or other forms of intimidation; and physically or verbally abusive behavior. In such cases where the instructor determines that a student has disrupted the educational process a disruptive student may be temporarily removed from class. In addition, he or she may be reported to the Chief Student Services Officer or designee. The Student Code of Conduct (AP 5500) is available on the College of the Redwoods website at: <http://www.redwoods.edu/board/Board-Policies/Chapter-5-Student-Services> and scroll to AP 5500.

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Emergency Procedures for the Eureka campus:

Please review the campus evacuation sites, including the closest site to this classroom (posted by the exit of each room). The Eureka **campus emergency map** is available at:

(<http://www.redwoods.edu/aboutcr/Eureka-Map>; choose the evacuation map option). For more information on Public Safety, go to <http://www.redwoods.edu/publicsafety>. In an emergency that requires an evacuation of the building:

- Be aware of all marked exits from your area and building.
- Once outside, move to the nearest evacuation point outside your building:
- Keep streets and walkways clear for emergency vehicles and personnel.
- Do not leave campus, unless it has been deemed safe by the Incident Commander or campus authorities. (CR's lower parking lot and Tompkins Hill Rd are within the Tsunami Zone.)

RAVE – College of the Redwoods has implemented an emergency alert system. In the event of an emergency on campus you can receive an alert through your personal email and/or phones at your home, office, and cell. Registration is necessary in order to receive emergency alerts. Please go to <https://www.GetRave.com/login/Redwoods> and use the "Register" button on the top right portion of the registration page to create an account. During the registration process you can elect to add additional information, such as office phone, home phone, cell phone, and personal email. Please use your CR email address as your primary Registration Email. Your CR email address ends with "redwoods.edu." Please contact Public Safety at 707-476-4112 or security@redwoods.edu if you have any questions.

College of the Redwoods is committed to equal opportunity in employment, admission to the college, and in the conduct of all of its programs and activities.

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General Psychology Psych 1 – E3449 Spring 2018

Instructor: Stefanie Kalin, MA, LMFT

Email: Stefanie-kalin@redwoods.edu

Office: HU 119 **Hours:** TH 5-6pm by appointment

Class Website: <http://redwoods.instructure.com>

Textbook website: <http://www.macmillanlearning.com/Catalog/product/exploringpsychology-tenthedition-myers/instructorresources#tab>

Class Meetings: TH 6:00-9:35pm HU 110

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Text: Exploring Psychology (2016, 10th Edition) by David Myers and C. Nathan DeWall, Worth publishers. Paperback ISBN-10: 1-4641-5407-4. Use the 10th edition to cite corrected answers to gain points after a test. A copy of the 10th edition is on two-hour reserve at the LRC.

Student Commitment: This three credit-hour class will require about nine hours per week of your time. You will have to regularly attend class, carefully read textbook chapters, submit thoughtful daily writing assignments, complete a research paper, and successfully demonstrate your learning in midterm and final exams. Class attendance, conscientiousness, attention to details, reading, writing, and study skills are critical for success.

Exams (150 points): Each exam will consist of 75 multiple choice questions. After graded exams are returned, you can make corrections and improve your score ½ point for each missed item by identifying the correct answer and text page. Corrections are due one week following the exam's return. You must take the exam at or before its scheduled date for full credit. Late exams are not allowed unless there is a documented extenuating circumstance. Please notify me ahead of time if something interferes with your ability to take an exam on its scheduled date.

Lecture Points (approx. 90 points at 6 points each class): Near the end of each class you will identify a topic from the lecture to respond and relate to your personal experience. Specifically, you will be asked

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to: Thoughtfully respond/react to the topic (2 points), relate/apply the topic to your own personal experience (2 points), write a question you have based on the day's topic (2 points), and write at least one-half page (100+ words). You must attend the full lecture to receive credit. Note: The lecture Powerpoint slides will be posted in Canvas. If you miss class, you can submit up to **two late lecture points** based on the class lecture Powerpoint and text chapter reading.

Research Paper (100 points): This will be a short paper on any psychology topic of your choice including an outline (10 pts.), draft paper (60 pts.), and revised paper (30 pts.). Detailed instructions for the paper are posted on our Canvas site.

1. **A typed outline** of the paper including the topic, at least one research article on the chosen topic and a reference for another source **is due on March 8th. (10 points)**
2. **Research paper First Drafts are due on March 29th. (60 points)**
3. **Revised papers are due on April 19th. (30 points)**

10 points will be deducted for every day that a paper is turned in late. No papers will be accepted after **April 26th**.

You should choose a topic for the paper from the following list: (Topics that are not included on this list must be approved)

1. Research different specialty fields in psychology, pick one to discuss in your paper explaining the specialty area, history of the area and important research. If you are considering Psychology as a major this assignment may help you to explore the different career options in this discipline.
2. Research a major theorist that has contributed to the field of psychology. Give his/her history and describe their theory of counseling along with how individuals change.
3. Research a major psychological disorder. Explain the disorder and its current recommended treatments. (To narrow this topic some you may want to look at specific subtopics of a disorder such as particular populations or treatments.)
4. Research sleep and current theories on dreaming. Historical theories can also be included.
5. Examine the current research on sex differences in the brain.
6. What is the current research on the brain's ability to repair itself after injury?
7. What are the effects of psychological medications on the brain?
8. Examine the current research on perceptual differences in individuals who have a hearing or vision deficit.
9. How effective is hypnosis at stopping addictions?
10. Research the different ways that behavior modification is being utilized to treat disorders in children.
11. What does research indicate about the correlation between scores on intelligence tests and success?
12. Discuss psychological treatments and research on the effectiveness of these treatments.

Final Exam (100 points): The final exam will consist of 75 multiple-choice items based on chapters 11- 15 and 25 recycled questions from prior exams. There will not be an opportunity to correct missed items. You must take the exam at its scheduled date. Late exams are not allowed.

Please Note: The instructor reserves the right to make changes to total points in the course, including extra credit opportunities.

Grade Distribution: **A** = 93% and above, **A-** = 90-92%, **B+** = 88-89%, **B** = 83-87, **B-** = 80-82%, **C+** = 78-79%, **C** = 65-77%, **D** = 60-64%, **F** = 59% and below

Dates	Topic	Readings	Assessment
Week 1: Feb 1	Introduction	Chapter 1	Lecture Points
Week 2: Feb 8	The Biology of Behavior	Chapter 2	Lecture Points
Week 3: Feb 15 CENSUS	Consciousness (Research Instruction Session 1)	Chapter 3	Lecture Points
Week 4: Feb 22	Human Diversity & Human Development	Chapter 4, 5	Lecture Points
Week 5: Mar 1	Sensation and Perception Exam 1	Chapter 6	Lecture Points Exam 1, Chs 1-5
Week 6: Mar 8	Learning & Memory (Research Instruction Session 2)	Chapter 7, 8	Lecture Points Paper Outline

Week 7: SPRING BREAK March 12-16			
Week 8: March 22	Thinking, Language, Intelligence	Chapter 9	Lecture Points
Week 9: Mar 29	Motivation and Emotion	Chapter 10	Lecture Points Research Paper
Week 10: Apr 5 Last day to Drop	Health Psychology Exam 2	Chapter 11	Lecture Points Exam 2, Chs 6-10
Week 11: Apr 12	Social Psychology	Chapter 12	Lecture Points
Week 12: Apr 19	Personality	Chapter 13	Lecture Points Revised Paper
Week 13: Apr 26	Psychological Disorders	Chapter 14	Lecture Points
Week 14: May 3	Treatment of Disorders	Chapter 15	Lecture Points
Week 15: FINAL EXAM: May 10, 5:30-7:30pm			Final Exam Chs 11- 15 and recycled m/c exams

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Code of Conduct: Please familiarize yourself with the [Student Code of Conduct \(AP 5500\)](#). It is required that you do your own work. All papers, postings, and exams must be completed by you without assistance. Do not use any source except the textbook or instructor's lectures in your discussion posts without proper citation. In cases involving academic dishonesty, determination of the grade and your status in the course is left primarily to the discretion of the instructor. In such cases where the instructor determines that you have demonstrated academic dishonesty, you may receive a failing grade for the assignment and/or exam and may be reported to the Dean of Students. Finally, please be respectful to your classmates. Be kind and considerate in all of your postings and responses to the discussion forum.

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<http://www.redwoods.edu/safety/rave.asp>

Notes: While I make every effort to follow the standards and schedule of this syllabus, there may be times when changes are necessary. The instructor reserves the right to make changes to this syllabus as necessary. I will inform the class of any changes. Administrative procedure (AP) 5075 allows instructors to withdraw students from class for non-participation or excessive absences through the 10th week of class.

